

## **HOW TO QUICKLY CHILDPROOF A HOTEL ROOM**

**\*Children need to stay safe no matter where you are. Hotel rooms can be easily baby proofed to make traveling more comfortable and relaxing for the whole family.**

- 1. Let the hotel know you are traveling with a baby or toddler and ask if they can make arrangements to babyproof the room in advance as some hotels offer this service.**
- 2. Pack safety items you may need such as press-on outlet covers, twist ties to secure blind cords, or removable corner guards for tables and low shelves.**
- 3. Look under the bed. This is a great place for choking or injury hazards to hide such as coins, pens, and paper clips.**
- 4. Check closets and drawers for dangerous objects such as lighters, matches, and pens that need to be removed.**
- 5. Close the bathroom door. A child can drown in just a couple of inches of water.**
- 6. Secure loose cords and wires. A crawling baby can easily bring down a heavy lamp. Push electrical appliances away from table edges and tuck wires out of reach.**
- 7. Tie blind cords and curtain pulls up out of reach.**
- 8. Crawl around the room. Spending a few minutes on your hands and knees will help you to identify possible hazards from your child's level.**
- 9. Supervise your child. There is no substitute for adult supervision and attention.**

**\*Adhesive tape and twist ties allow you to temporarily baby proof just about anything.**

**\*If your child is sleeping in a big bed then bring a portable guardrail or pull a couple of high-backed chairs next to the bed so he or she can't fall out.**

**\*Throwing a towel over the top of a door will prevent the door from being locked accidentally.**

### **WARNING:**

**\*Toddlers often lock themselves in bathrooms. Put tape over the lock or keep the door closed and supervise at all times.**

**\*Close and lock all windows even those with screens. Your child could climb on objects such as desks near the windows.**

**\*Check the hot water temperature. It may be much hotter than your water at home.**