



## **TOP 10 SECRETS OF SUCCESSFUL ADOPTION TRAVEL**

- 1. Get in shape and stay that way**
- 2. Choose your traveling companion wisely- a person whose health, temperament, and enthusiasm are suited for this important and demanding journey**
- 3. Be prepared before you get the call to travel-Pack ahead**
- 4. Make yourself at home-furnished apartments are often cheaper than hotels and will usually offer adoptive parents discounts**
- 5. Research your destination ahead of time-find out where the hospital is and the orphanage**
- 6. Give your other child(ren) affection and appreciation-such as special treats**
- 7. Reassure the child(ren) left at home-your absence can be upsetting. Frequent phone calls, gifts to open, or a special calendar to mark off days can help**
- 8. Buy it when you see it and get it home safely-bringing home something to remember the trip by is important. Also remember to bring an empty duffel bag for such items**
- 9. Don't rely on your memory-bring a journal or handheld tape recorder to remember the trip. Pictures are good but you will be tired and in a strange place, so you may not remember many details**
- 10. Take along your sense of wonder-relax, make lots of memories, and enjoy your trip**

